It is disgusting and you ALL have absolutely no idea as to the pain and suffering the Network has inflicted on DOZENS of people and their families. And like with any abuse, these are only the ones we know about!

This is your REAL legacy. The legacy that none of you can seem to face. You choose instead to "discreate it", which in reality merely means "to pretend that it does not exist".

Are you aware of what turning a blind eye to abusive and exploitive behaviour can actually lead to?

You cannot discredit all these people!!!! Their experiences are valid!

You are not God. You do not create your own rules in the world we live in. Please do not forget this.

You are not above human rights, nor above the law. That is an Avatar game. It is the game cults play. It is a game manipulators play. It is a game people play who do not give a f@ck about the mental wellbeing of others. They are just out to defend and they are just out for themselves, with out a care in the world as to who is being harmed.

It is a dangerous and an extremely irresponsible game! It can have dire consequences long term! Consequences many of you in this email have some element of responsibility for!

I am also shocked that any of you would **stigmatise** mental illness. Are you aware we live in the year 2018? It is like stigmatising rape, divorce or child abuse.

There are incredible people in the world doing everything they can to de-stigmatise mental illness and here you are using it as a tactic to defend your organisation and your "Mission". You are using it to turn people against each other and to create division!

Your organisation creates division!

May I bring to your attention the campaign called **Heads Together**, run by Prince William, Prince Harry and Catherine (Duchess of Cambridge) which is currently massive in the UK.

Visit their website here>> https://www.headstogether.org.uk/

Watch the video with Lady Gaga here>> https://www.youtube.com/watch?v=WXPx\_fBJVPU

It may make you look at things again through baby eyes!

Here you are churning out people with anxiety, depression, PTSD, and even more **very serious** psychological issues. Rather than support them (especially as you contributed to their situation), **you stigmatise them, condemn them, blame them, and them and them discredit them.** 

I do not believe anyone I have included in this email is nasty and cruel deep in their heart. But my god, have you ALL gone of course when it comes to true empathy, true connection, true concern for another's wellbeing and not taking any responsibility whatsoever for your highly destructive actions!!

You are ALL directly contributing to a world of pain and suffering! You are directly contributing to a dysfunctional world!

Is this really what you signed up for?? Are things now what you believed they were when you signed on that dotted line to take your first Avatar Course?

I look forward to hearing ALL of your responses. Most importantly responses in relation to my current so-called "mental diagnosis".

Please confirm that you have actually personally read this email and responded, rather than having to report it to a Trainer or Avra beforehand?